

CURRICULUM VITAE

Lorie Eve Dechar, M.Ac, L.Ac.

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EDUCATION

- 2002 - 2004 Psychotherapist certification program at The Focusing Institute,
New York, New York
- 1997 - present Analysis and supervision with Jungian training analyst and expert
on European alchemy, Dr. Nathan Schwartz-Salant
- 1997 - 1999 Training as a psychotherapist at the New York Gestalt Center for
Psychotherapy and Training, New York, New York
- 1991 - 1993 Traditional Chinese Pharmacology with Dr. Ted Kaptchuk, Tri-State
College of Acupuncture, New York, New York
- 1982 - 1985 Master's Degree in Acupuncture, Traditional Acupuncture Institute,
Columbia, Maryland
- 1969 - 1973 Bachelor of Arts in English and French Literature, Bennington
College, Bennington, Vermont

TEACHING EXPERIENCE

- 2000 - present Founding Director, Alchemical Healing Mentorship, New York, New
York
- 2000 - 2016 Senior Faculty, Tri-State College of Acupuncture, New York, New
York

MEDICAL LICENSES

- 1985 L.Ac. (acupuncture license), New York and Maine (current)

PUBLICATIONS

2010 "Alchemical Acupuncture: Healing in the Darkness," *The Golden Needle Newsletter from CTA - The College of Traditional Acupuncture*, Spring issue

2006 *Five Spirits: Alchemical Acupuncture for Psychological and Spiritual Healing*, Chiron/Lantern Books

2004 "The Creative Power of Chaos," *The Meridian Times*, the journal of the Acupuncture Society of New York (ASNY)

Lorie has published articles on the psycho-spiritual aspects of traditional Chinese medicine in *Meridians Magazine*, the *Journal of the Academy of Acupuncture and Oriental Medicine*, and the *Townsend Letter for Doctors and Patients*.

LECTURES/WORKSHOPS PRESENTED

2017

A Five Spirit Approach to Treating Shock and Trauma; International Community for Chinese Medicine (ICCM), Tel Aviv, Israel

Wu Shen: A Technology of Transformation; International Community for Chinese Medicine (ICCM), Tel Aviv, Israel

2016

Lead to Gold: An Introduction to Alchemical Healing; Esalen Institute, Big Sur, California

A Five Spirit Approach to Treating Shock and Trauma; Live Webinar, ProD Seminars

2015

Lead to Gold: An Introduction to Alchemical Healing; Esalen Institute, Big Sur, California

Five Spirits: A Technology of Transformation; British Conference of Acupuncture and Oriental Medicine, Nottingham, England

Yi: Intention and the Spirit of the Earth Element; British Conference of Acupuncture and Oriental Medicine, Nottingham, England

2014

Alchemical Acupuncture Retreat: The Hun and the Spirit of Dreams; Institute of Traditional Medicine, Toronto, Ontario, Canada

As Above So Below: The Alchemy of Destiny; Esalen Institute, Big Sur, California

2013

As Above So Below: The Alchemy of Destiny; Esalen Institute, Big Sur, California

2012

Coming Back to Life: The Wood Element; Asheville, North Carolina

2011

Soul Map: An Introduction to the Five Spirits of Traditional Chinese Medicine; Ashland, Oregon

The Alchemy of Gender; Esalen Institute, Big Sur, California

The Turning Point: Honoring the Power of the Water Element; Asheville, North Carolina

Xin: The Alchemy of the Heart; Institute of Traditional Medicine, Toronto, Ontario, Canada

2010

Alchemical Healing: Entering the Inner Laboratory of the Soul; Esalen Institute, Big Sur, California

Opening the Spirit Gate: An Introduction to Alchemical Acupuncture; College of Traditional Acupuncture (CTA), Warwick, England, UK

The Visible Face of Tao: Taoism, Ecology, and the Practice of Chinese Medicine; College of the Atlantic, Bar Harbor, Maine

Xin: The Alchemy of the Heart; Asheville, North Carolina

Yi: Intention, Practice and the Incubation of the Sage; Keynote, Seventh Annual Taoist Convention, Oakland, California

2009

An Integral Approach to Practice; National College of Natural Medicine (NCCNM), Portland, Oregon

Modern Alchemy for an Integral Age; 2nd Scandinavian TCM Congress, Denmark

Recovering Eros: Bringing Your Life Back to Life; Esalen Institute, Big Sur, California

Wu Shen and Wu Xing: Integrating the Five Elements and Five Spirits into TCM Practice; Asheville, North Carolina

2008

Alchemical Acupuncture: An Integral Approach to Whole Person Healing; Academy of Classical Oriental Sciences, Nelson, British Columbia, Canada

An Introduction to Alchemical Acupuncture; Canadian College of Acupuncture and Oriental Medicine, Victoria, British Columbia, Canada

An Introduction to Alchemical Acupuncture; Institute of Traditional Medicine, Toronto, Ontario, Canada

Focusing for Health Care Providers; New York Presbyterian Hospital, New York, New York

Recovering Eros: Bringing Your Life Back to Life; Esalen Institute, Big Sur, California

2007

Touching the Spirit: Emotional and Psychological Healing; ProD Seminars, Vancouver, British Columbia, Canada

2004

The Creative Power of Chaos; Graduation Keynote, Tri-State College of Acupuncture

2003

Acupuncture Point Location; Center for Acupuncture Education & Research (CAER), Cambridge, Massachusetts

1999 - 2007

Annual presentations at Esalen Institute, Big Sur, California, spotlighted seminar leader in 2002

PROFESSIONAL MEMBERSHIP

Founding member of the Acupuncture Society of New York (ASNY)

Diplomat, National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) with active certification since 1989